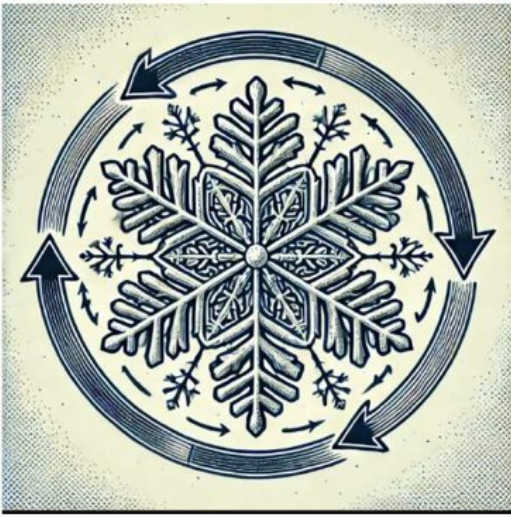


First Aid For Heat Exhaustion



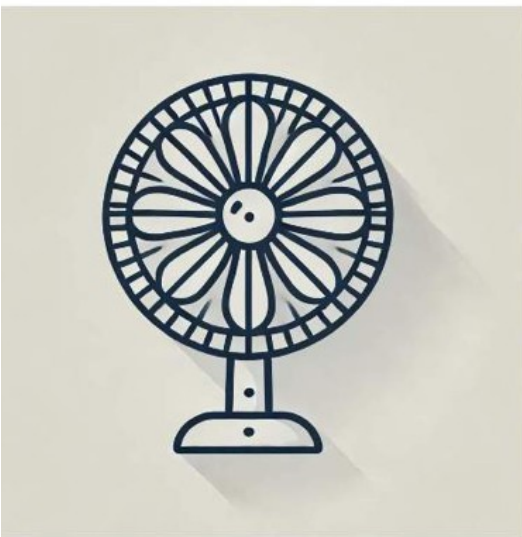
Move person to a cooler place



Encourage them to drink water gradually



Loosen and/or remove excess clothing



Use fan and apply cool compresses



Lie down, rest, and minimize physical exertion



Observe the persons condition after administering first aid